

APRIL 19 - 21, 2023

NO ONE LEFT BEHIND

How Perinatology can be a Leader in **EQUITABLE CARE**

from public health to rare diseases



 **National
Perinatal
Association**

npaconference.org

Continuing education credits offered
by our joint provider

 **pac-lac**

CONFERENCE CHECKLIST

WI-FI: UNC-Guest



WELCOME. We're so happy you've joined us!

CHECK IN at CONFERENCE REGISTRATION 

- get your name tag
- pick up a registration packet

TELL US HOW YOU WANT TO INTERACT

-  I am practicing social distancing
-  I am comfortable with close contact

SIGN IN using the ONLINE SIGN-IN FORM for WEDNESDAY 

COMPLETE the ONLINE EVALUATIONS for WEDNESDAY's SESSIONS 

VIEW the POSTER PRESENTATIONS

- everyday in the Atrium
- online at npaconference.org/2023posters



MEET with our EXHIBITORS

- everyday in the Atrium
- online at npaconference.org/2023exhibitors



SIGN IN using the ONLINE SIGN-IN FORM for THURSDAY 

COMPLETE the ONLINE EVALUATIONS for THURSDAY's SESSIONS 

CONNECT with our PRESENTERS

- in-person at the conference
- online at npaconference.org/2023speakers



SIGN IN using the ONLINE SIGN-IN FORM for FRIDAY 

COMPLETE the ONLINE EVALUATIONS for FRIDAY's SESSIONS 

We hope to see you and your colleagues in 2024!

2024 INTERDISCIPLINARY CONFERENCE

Towards Trauma-Responsive Perinatal Care

November 2024 in California



WELCOME

We're so happy that you are able to join us this year.

The National Perinatal Association prides itself on the belief that **education, advocacy and integration is key** to successfully achieving our mission. Through interdisciplinary collaboration and partnering with the community, **we strive to improve outcomes and ensure justice for pregnant people, infants and families.**

This year we have selected the theme, **NO ONE LEFT BEHIND: How Perinatology can be a Leader in Equitable Care from Public Health to Rare Diseases** for our conference.

Our conference team has partnered with the community to **better appreciate the needs of families as they navigate complex health care systems.**

We have invited a group of **outstanding speakers** to help us **understand the current health care environment and guide us all to make necessary changes.**

Our goal for this meeting is to **create a safe, friendly, and welcoming environment** where everyone can feel free to **share ideas, learn new perspectives, and meet others who share our goals.**

Thank you for helping us create this space.

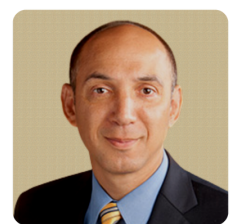
With Respect and Admiration for Everything You Do Every Day -



NPA Executive Director

and Our Conference Co-Chairs

- Patti Bridges, MSW, LCSW
- Chavis Patterson, PhD



Please help us **PROTECT OUR COMMUNITY:**

People attending the NPA conference work with and care for people who are especially vulnerable to the negative health effects of COVID-19 infection - including pregnant people, parents, and babies. If you have any signs of illness, please choose to attend virtually.

Please be courteous when interacting with other conference attendees in shared meeting spaces.



I am practicing social distancing.



I am comfortable with close contact.

Wednesday, April 19

9:00 am to 5:30 pm

AM

8:00 - 9:00 am

Continental **BREAKFAST**
Blueberry Hill

WELCOME

9:00 - 9:30 am

Grumman Auditorium

Welcome from our Conference Chairs

- Patti Bridges, MSW, LCSW she/her
- Chavis Patterson, PhD he/him

PLENARIES

9:30 - 10:30 am

Grumman Auditorium

Standard versus Enhanced Social Needs Screening and Referral to Resources in the NICU: A Mixed Method Study

- Erika Gabriela (Gaby) Cordova-Ramos, MD she/her

10:30 - 11:30 am

Grumman Auditorium

UNC Horizons: A Comprehensive Model of Dyadic Care

- Hendrée E. Jones, PhD she/her

LUNCH

11:30 am to 12:30 pm

in the Trillium Dining Room

- includes a 30-minute, non-credit presentation by our partners **Sobi**



PLENARIES

12:30 - 1:30 pm

Grumman Auditorium

Rapid Whole Genome Sequencing in Neonatal and Pediatric Acute Care: Keys to Successful Implementation

- Linda Franck, RN, PhD, FRCPCH, FAAN she/her

1:30 - 2:30 pm

Grumman Auditorium

What's Everybody Talking About?

- Lara Liszka, OTD, OTR/L, NTMTC she/her

BREAK

2:30 - 3:00 pm

Please visit our Exhibitors and Poster Presenters.

PLENARIES

3:00 - 4:00 pm

Grumman Auditorium

Reshaping Black Maternal Health from the Community Up

- Dr. Nastassia Harris, DNP, MSN, RNC-MNN, IBCLC she/her

4:00 - 5:00 pm

Grumman Auditorium

The Imperative of Equitable, Accessible Childbirth Education

- Denise Bolds, MSW, Adv. CD (DONA), CLC, CBE she/her
- Michelle Gabriel-Caldwell, PhD, CD, CBE she/her
- Talsasha (Sasha) M. Sumling, LMT/CD/ EBB Instructor she/her
- **MODERATOR** - Maggie Runyon, MSN, RNC-OB, CYT2000 she/her

CLOSING

5:00 - 5:30 pm

Grumman Auditorium

An Expression of Gratitude to Our Presenters and Attendees

Closing Remarks

NETWORKING

5:30 - 6:00 pm

Atrium

- Meet our members, presenters, and exhibitors
- Mingle with colleagues
- Make plans for dinner on your own



FOR OUR CONFERENCE GUESTS:

- **Registration** desk is open from 8:00 am - 5:00 pm.
- **Exhibitors** will be available all day to visit with you in the Atrium.
- **Posters and Presenters** are also in the Atrium.

REMEMBER to ASK YOURSELF: How am I feeling?

- Please take moment each morning to do a personal **health check**.
- Complimentary **KN95 Masks** are available for all attendees, guests, and staff.
- We are committed to providing a meeting environment that promotes **social distancing**, offers **choices**, and respects individuals' **needs and preferences**.

♥ **IMPORTANT:** Many of the topics we'll be discussing during the conference can bring up complicated emotions. **Take time to reflect - and take care of yourself.** We invite you to **debrief** with one of our mental health professionals, if needed.

Thursday, April 20

9:00 am to 5:30 pm

BREAKFAST

8:00 - 9:00 am Continental BREAKFAST
Blueberry Hill

8:15 - 8:45 am Grumman Auditorium

The Past, Present, and Future of NPA

- Viveka Prakash-Zawisza, MD, MS, MBA she/her

WELCOME

9:00 - 9:15 am Grumman Auditorium

Welcome and Morning Announcements

9:15 - 10:15 am Grumman Auditorium

Innovative Approaches in Psychopharmacology and Delivery of Psychotherapy in the Treatment of Perinatal Mood Disorders

- Samantha Meltzer-Brody, MD, MPH she/her

10:15 - 11:15 am Grumman Auditorium

Where the Genetic Code Meets the ZIP Code: Diagnostic Equity in Perinatal Rare Disease

- Monica Hsiung Wojcik, MD, MPH she/her

11:15 am - 12:15 pm Grumman Auditorium

Ensuring Mental Health for All: Finding Moments to Empower You and Empower Your Patients

- Mary Kimmel, MD she/her

PLENARIES

LUNCH 12:15 am to 1:30 pm *in the Trillium Dining Room*

- includes a 30-minute, non-credit presentation by our partners

AngelEye Health



Please visit our Exhibitors and Poster Presenters.



1:30 - 2:30 pm

Redbud

Therapeutic Approaches to Working with Perinatal Loss Clients: A Grounded Theory Study

A

The Need for Parental Support following Prenatal Genetic Testing

Leveraging a User-Friendly Approach to Develop MommaConnect

**vSIT: Using Virtual Reality Technology as a Tool for
Stress Inoculation for NICU Caregivers**

**Engaging a Lived Experience Advisory Group in the Evaluation of
Maternal Telehealth Access Project during the COVID-19 Pandemic**

Concurrent Sessions - Selected Poster Presentations



We are grateful to our presenters for sharing their research.

CHOOSE to attend either "A" or "B" Session. Then go to Session "C" or "D."

Then meet with all our poster presenters during scheduled poster viewing times.

Or view the [online poster gallery](#).

Agenda subject to change without notice.

1:30 - 2:30 pm

Grumman Auditorium

Effects of Timing of Birth and Pandemic-Related Experiences on Mother-Infant Bonding during COVID

B

The Effects of Pharmacological Interventions Caring for Neonates with NAS

**Family Integrated Care Interventions May Improve Preterm Infant and
Maternal Outcomes Compared with Family-Centered Care in U.S. NICUs**

**Addressing Early Childhood Mental Health and Social Determinants of Health
in Neurologic Neonatal Follow Up Clinic**

**A Multi-Tiered Systemic Approach to Helping Families Thrive
in the NICU and Beyond**

5-MINUTE BREAK

2:35 - 3:35 pm

Redbud

Trauma-Informed and Resilience-Promoting Care in the Perinatal Settings

C

Cultivating Trauma-Informed Care in the NICU: Barriers and Facilitators to Implementation

A Single Institution Neuroprotection and Developmental Care Quality Improvement Initiative

Psychological Distress in NICU Providers: A Scoping Review in Progress

Recognizing and Working with Medical Trauma in the Perinatal Period: A Multidisciplinary Approach

2:35 - 3:35 pm

Grumman Auditorium

Cultural "Competemility" and Professionalism: An Innovative Approach to Enhancing Culturally Sensitive Equitable Perinatal Care

D

Preliminary Validation of a New Family Psychosocial Risk Measure in the NICU: The PAT-NICU-CICU

Development and Evaluation of a Virtual Postpartum Psychosocial Support Program Based upon ACT

H.A.T.C.H.: Helping All to Come Home

Maternal Postpartum Care in Pregnancies Complicated by Fetal Congenital Anomalies

BREAK

3:35 to 4:15 pm

4:15 - 5:15 pm

Grumman Auditorium

Perinatal Mental Health for Black People: Who's Talking and Who's Not

- Karen Sheffield-Abdullah, PhD, RN, CNM she/her

5:15 - 5:30 pm

Grumman Auditorium

Closing Remarks

Friday, April 21

9:00 am to 1:00 pm

AM

8:00 - 9:00 am

Continental **BREAKFAST**
Blueberry Hill

- complimentary continental breakfast
- networking opportunities

WELCOME

9:00 - 9:30 am

Grumman Auditorium

Welcome and Poster Awards

- Kristy Love she/her
- Jerry Ballas, MD, MPH he/him

9:30 - 10:30 am

Grumman Auditorium

The Importance of NICU Discharge Planning Guidelines & Standards

- Vincent C. Smith, MD, MPH he/him

PLENARIES

10:30 - 11:30 am

Grumman Auditorium

Pregnancy Criminalization in Post-Roe America

- Emma Roth, JD she/her

11:30 am - 12:30 pm

Grumman Auditorium

Long Term Care for Medically-Complex Children: How to Advocate for and Support Paid Family Caregivers

- Erin Thatcher she/her

CLOSING

12:30 - 1:00 pm

Grumman Auditorium

Closing Remarks - Call to Action

THANK YOU for **JOINING US.**



REMEMBER

- Please **complete and turn in all online evaluation forms.**
- If you develop **signs or symptoms of respiratory illness** within 3 - 5 days of attending the conference, **PLEASE NOTIFY** the **CONFERENCE COMMITTEE.**

VISIT the [conference website](#) to find:



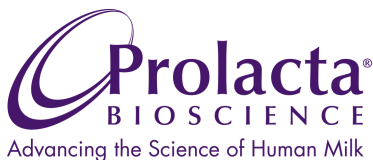
- sign-in forms for each day
- links to presentations and handouts
- speaker profiles and contact information
- poster presentations
- virtual exhibits
- information on virtual attendance
- our virtual Wellness Room
- links to conference evaluation forms
- online Help Desk

npaconference.org

VISIT our Exhibitors

in the Atrium

- AngelEye Health
- AS Software
- Baby Boldly
- In infant Health
- Mallinckrodt Pharmaceuticals
- Maternal Health Learning & Innovation Center
- Postpartum Support International (PSI)
- PPROM Foundation
- Prolacta Bioscience
- Sage Therapeutics
- Sobi
- Ultragenyx
- Your Birth Partners



Support for when your water breaks, but your hope doesn't.

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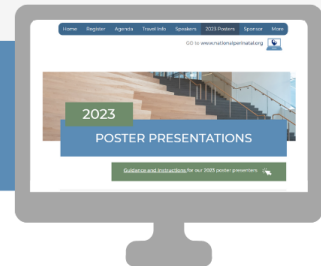
Poster Presentations

We are grateful to our poster presenters for sharing their research.

Please visit them in the Atrium every day and attend the **podium presentations on Thursday afternoon from 1:30 - 3:35 pm.**

Then take a moment to show your appreciation and share your insights.
You may find a new partner and ally.

npaconference.org/2023posters



Continuing Education Credits



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the California Medical Association (CMA) through the joint providership of PAC/LAC and National Perinatal Association. PAC/LAC is accredited by the CMA to provide continuing medical education for physicians.

MD - PAC/LAC designates this live activity for a maximum of **15 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

RN - PAC/LAC is an approved provider by the California Board of Registered Nursing. This course is approved for **18 contact hours**. PAC/LAC's provider number is CEP 5862. Licensee must retain this certificate for a period of four years.

LCSW + LMFT - PAC/LAC is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LCSW and LMFT. PAC/LAC takes maintains responsibility for this program/course and its content. This course is approved for **15 LCSW and 15 LMFT continuing education** units. PAC/LAC's provider number is 128542

CHES - This activity is sponsored by PAC/LAC, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designed for Certified Health Education Specialists (CHES) to receive up to **15 total Category 1 continuing education contact hours.**

npaconference.org/credits

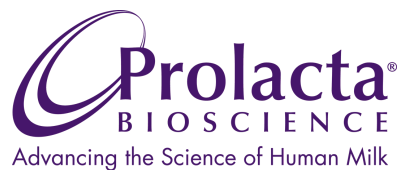
Our Sponsors

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Community Sponsors



The generous contributions of NPA's corporate members and community sponsors enable the National Perinatal Association to carry out innovative programs and initiatives and convene annual interdisciplinary conferences. [LEARN MORE.](#)

- NICU to Home - NICU Discharge Preparation and Transition Planning
- Best Milk: Optimal Infant Feeding (birth - 2 years)

npaconference.org/sponsors

Family Engagement Solutions

IMPROVE NICU OUTCOMES



Visit Our Website



AngelEye Health is proud to sponsor the Interdisciplinary Guidelines and Recommendations for NICU Discharge Preparation and Transition Planning. We are committed to furthering our services to support staff and families from NICU admission through the transition to life at home.



angeleyehealth.com • info@angeleyehealth.com

www.angeleyehealth.com

We are grateful to our conference sponsor **AngelEye Health**



we bring
something rare
to rare diseases

We are grateful to our conference sponsor **Sobi**

At Sobi, we're dedicated to transforming the lives of people with rare diseases. This is why we specialise in rare diseases, in developing ground-breaking treatments, and in strong partnerships with patients and other stakeholders.

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Gila-Diaz A, Arribas SM, Algara A, et al. A Review of Bioactive Factors in Human Breastmilk: A Focus on Prematurity. *Nutrients* 2019;11(6):1307. Published 2019 Jun 10. doi:10.3390/nu11061307

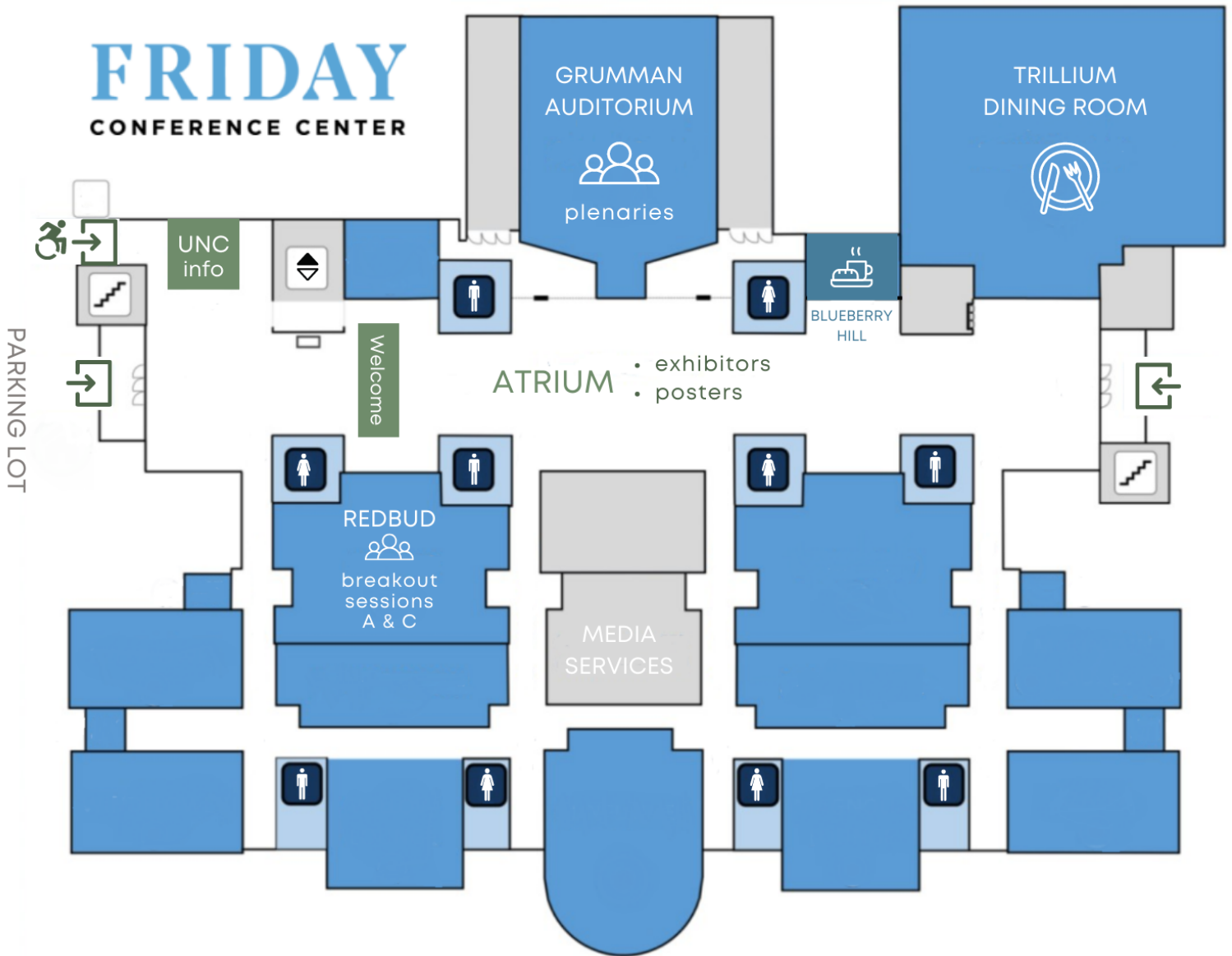
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MKT-0XXX Rev-0 06/21



We are grateful to our corporate member and partner Prolacta

www.prolacta.com

FRIDAY CONFERENCE CENTER



The Friday Conference Center offers **complimentary parking** in the semi-circle guest lot located across from the main entrance at the South end of the facility. **Permits are required and must be displayed** on the dashboard. See the Help Desk.



There are **two gender-neutral bathrooms** located on the second floor for trans, nonbinary, and genderqueer students, staff, faculty, and guests.



Do you need a place to feed your baby or pump your milk? We have a quiet space to support your **pumping** and **lactation needs**. Ask us at the Welcome desk



Need accommodations? See Kristy Love at our Help Desk.

ALL ARE WELCOME HERE.