APRIL 19 - 21, 2023

NO ONE LEFT BEHIND

How Perinatology can be a Leader in EQUITABLE CARE

from public health to rare diseases

National Perinatal Association

npaconference.org
WELCOME. We're so happy you've joined us!

- **CHECK IN** at CONFERENCE REGISTRATION
  - get your name tag
  - pick up a registration packet

- **TELL US HOW YOU WANT TO INTERACT**
  - I am practicing social distancing
  - I am comfortable with close contact

- **SIGN IN using the ONLINE SIGN-IN FORM** for WEDNESDAY

- **COMPLETE the ONLINE EVALUATIONS** for WEDNESDAY's SESSIONS

- **VIEW the POSTER PRESENTATIONS**
  - everyday in the Atrium
  - online at npaconference.org/2023posters

- **MEET with our EXHIBITORS**
  - everyday in the Atrium
  - online at npaconference.org/2023exhibitors

- **SIGN IN using the ONLINE SIGN-IN FORM** for THURSDAY

- **COMPLETE the ONLINE EVALUATIONS** for THURSDAY's SESSIONS

- **CONNECT with our PRESENTERS**
  - in-person at the conference
  - online at npaconference.org/2023speakers

- **SIGN IN using the ONLINE SIGN-IN FORM** for FRIDAY

- **COMPLETE the ONLINE EVALUATIONS** for FRIDAY's SESSIONS

We hope to see you and your colleagues in 2024!

2024 INTERDISCIPLINARY CONFERENCE
Towards Trauma-Responsive Perinatal Care
November 2024 in California
We’re so happy that you are able to join us this year.

The National Perinatal Association prides itself on the belief that education, advocacy and integration is key to successfully achieving our mission. Through interdisciplinary collaboration and partnering with the community, we strive to improve outcomes and ensure justice for pregnant people, infants and families.

This year we have selected the theme, NO ONE LEFT BEHIND: How Perinatology can be a Leader in Equitable Care from Public Health to Rare Diseases for our conference.

Our conference team has partnered with the community to better appreciate the needs of families as they navigate complex health care systems.

We have invited a group of outstanding speakers to help us understand the current health care environment and guide us all to make necessary changes.

Our goal for this meeting is to create a safe, friendly, and welcoming environment where everyone can feel free to share ideas, learn new perspectives, and meet others who share our goals.

Thank you for helping us create this space.

With Respect and Admiration for Everything You Do Every Day -

[Signature]

NPA Executive Director

and Our Conference Co-Chairs

- Patti Bridges, MSW, LCSW
- Chavis Patterson, PhD

Please help us PROTECT OUR COMMUNITY:

People attending the NPA conference work with and care for people who are especially vulnerable to the negative health effects of COVID-19 infection - including pregnant people, parents, and babies. If you have any signs of illness, please choose to attend virtually.

Please be courteous when interacting with other conference attendees in shared meeting spaces.

I am practicing social distancing. I am comfortable with close contact.
### Wednesday, April 19
9:00 am to 5:30 pm

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event Title</th>
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</thead>
<tbody>
<tr>
<td>8:00 - 9:00 am</td>
<td>Continental Blueberry Hill</td>
<td><strong>BREAKFAST</strong></td>
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<tr>
<td>9:00 - 9:30 am</td>
<td>Grumman Auditorium</td>
<td><strong>Welcome from our Conference Chairs</strong></td>
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<tr>
<td></td>
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<td>- Patti Bridges, MSW, LCSW  she/her</td>
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<td>- Chavis Patterson, PhD  he/him</td>
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<tr>
<td>9:30 - 10:30 am</td>
<td>Grumman Auditorium</td>
<td><strong>Standard versus Enhanced Social Needs Screening and Referral to Resources in the NICU: A Mixed Method Study</strong></td>
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<td>- Erika Gabriela (Gaby) Cordova-Ramos, MD  she/her</td>
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<tr>
<td>10:30 - 11:30 am</td>
<td>Grumman Auditorium</td>
<td><strong>UNC Horizons: A Comprehensive Model of Dyadic Care</strong></td>
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<td>- Hendrée E. Jones, PhD  she/her</td>
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<tr>
<td>11:30 am to 12:30 pm</td>
<td>in the Trillium Dining Room</td>
<td><strong>LUNCH</strong></td>
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<td>- includes a 30-minute, non-credit presentation by our partners  Sobi</td>
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<tr>
<td>12:30 - 1:30 pm</td>
<td>Grumman Auditorium</td>
<td><strong>Rapid Whole Genome Sequencing in Neonatal and Pediatric Acute Care: Keys to Successful Implementation</strong></td>
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<tr>
<td></td>
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<td>- Linda Franck, RN, PhD, FRCPCH, FAAN  she/her</td>
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<tr>
<td>1:30 - 2:30 pm</td>
<td>Grumman Auditorium</td>
<td><strong>What’s Everybody Talking About?</strong></td>
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<td>- Lara Liszka, OTD, OTR/L, NTMTC  she/her</td>
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3:00 - 4:00 pm

**Reshaping Black Maternal Health from the Community Up**

- Dr. Nastassia Harris, DNP, MSN, RNC-MNN, IBCLC  she/her

4:00 - 5:00 pm

**The Imperative of Equitable, Accessible Childbirth Education**

- Denise Bolds, MSW, Adv. CD (DONA), CLC, CBE  she/her
- Michelle Gabriel-Caldwell, PhD, CD, CBE  she/her
- Talsasha (Sasha) M. Sumling, LMT/CD/ EBB Instructor  she/her
- MODERATOR - Maggie Runyon, MSN, RNC-OB, CYT2000  she/her

5:00 - 5:30 pm

**An Expression of Gratitude to Our Presenters and Attendees**

**Closing Remarks**

**NETWORKING**

5:30 - 6:00 pm  Atrium

- Meet our members, presenters, and exhibitors
- Mingle with colleagues
- Make plans for dinner on your own

**FOR OUR CONFERENCE GUESTS:**

- **Registration** desk is open from 8:00 am - 5:00 pm.
- **Exhibitors** will be available all day to visit with you in the Atrium.
- **Posters and Presenters** are also in the Atrium.

**REMEMBER to ASK YOURSELF: How am I feeling?**

- Please take moment each morning to do a personal health check.
- Complimentary KN95 Masks are available for all attendees, guests, and staff.
- We are committed to providing a meeting environment that promotes social distancing, offers choices, and respects individuals' needs and preferences.

❤️ **IMPORTANT:** Many of the topics we'll be discussing during the conference can bring up complicated emotions. Take time to reflect - and take care of yourself. We invite you to debrief with one of our mental health professionals, if needed.
Thursday, April 20
9:00 am to 5:30 pm

<table>
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<td>8:00 - 9:00 am</td>
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<td>Blueberry Hill</td>
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<tr>
<td>8:15 - 8:45 am</td>
<td>Grumman Auditorium</td>
<td><strong>The Past, Present, and Future of NPA</strong>&lt;br&gt;• Viveka Prakash-Zawisza, MD, MS, MBA  she/her</td>
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<tr>
<td>9:00 - 9:15 am</td>
<td>Grumman Auditorium</td>
<td><strong>Welcome and Morning Announcements</strong></td>
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<tr>
<td>9:15 - 10:15 am</td>
<td>Grumman Auditorium</td>
<td><strong>Innovative Approaches in Psychopharmacology and Delivery of Psychotherapy in the Treatment of Perinatal Mood Disorders</strong>&lt;br&gt;• Samantha Meltzer-Brody, MD, MPH  she/her</td>
</tr>
<tr>
<td>10:15 - 11:15 am</td>
<td>Grumman Auditorium</td>
<td><strong>Where the Genetic Code Meets the ZIP Code: Diagnostic Equity in Perinatal Rare Disease</strong>&lt;br&gt;• Monica Hsiung Wojcik, MD, MPH  she/her</td>
</tr>
<tr>
<td>11:15 am - 12:15 pm</td>
<td>Grumman Auditorium</td>
<td><strong>Ensuring Mental Health for All: Finding Moments to Empower You and Empower Your Patients</strong>&lt;br&gt;• Mary Kimmel, MD  she/her</td>
</tr>
<tr>
<td>12:15 am to 1:30 pm</td>
<td>in the Trillium Dining Room</td>
<td><strong>LUNCH</strong>&lt;br&gt;• includes a 30-minute, non-credit presentation by our partners AngelEye Health</td>
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Please visit our Exhibitors and Poster Presenters.

npaconference.org
Therapeutic Approaches to Working with Perinatal Loss Clients: A Grounded Theory Study

The Need for Parental Support following Prenatal Genetic Testing

Leveraging a User-Friendly Approach to Develop MommaConnect

vSIT: Using Virtual Reality Technology as a Tool for Stress Inoculation for NICU Caregivers


Concurrent Sessions - Selected Poster Presentations

We are grateful to our presenters for sharing their research.

CHOOSE to attend either "A" or "B" Session. Then go to Session "C" or "D."

Then meet with all our poster presenters during scheduled poster viewing times. Or view the online poster gallery.

Agenda subject to change without notice.

Effects of Timing of Birth and Pandemic-Related Experiences on Mother-Infant Bonding during COVID

The Effects of Pharmacological Interventions Caring for Neonates with NAS

Family Integrated Care Interventions May Improve Preterm Infant and Maternal Outcomes Compared with Family-Centered Care in U.S. NICUs

Addressing Early Childhood Mental Health and Social Determinants of Health in Neurologic Neonatal Follow Up Clinic

A Multi-Tiered Systemic Approach to Helping Families Thrive in the NICU and Beyond
2:35 - 3:35 pm  Redbud

Trauma-Informed and Resilience-Promoting Care in the Perinatal Settings

Cultivating Trauma-Informed Care in the NICU: Barriers and Facilitators to Implementation

A Single Institution Neuroprotection and Developmental Care Quality Improvement Initiative

Psychological Distress in NICU Providers: A Scoping Review in Progress

Recognizing and Working with Medical Trauma in the Perinatal Period: A Multidisciplinary Approach

2:35 - 3:35 pm  Grumman Auditorium

Cultural "Competemility" and Professionalism: An Innovative Approach to Enhancing Culturally Sensitive Equitable Perinatal Care

Preliminary Validation of a New Family Psychosocial Risk Measure in the NICU: The PAT-NICU-CICU

Development and Evaluation of a Virtual Postpartum Psychosocial Support Program Based upon ACT

H.A.T.C.H.: Helping All to Come Home

Maternal Postpartum Care in Pregnancies Complicated by Fetal Congenital Anomalies

3:35 to 4:15 pm  BREAK

4:15 - 5:15 pm  Grumman Auditorium

Perinatal Mental Health for Black People: Who's Talking and Who's Not
  • Karen Sheffield-Abdullah, PhD, RN, CNM  she/her

5:15 - 5:30 pm  Grumman Auditorium

Closing Remarks
Friday, April 21
9:00 am to 1:00 pm

8:00 - 9:00 am
- complimentary continental breakfast
- networking opportunities

Continental BREAKFAST
Blueberry Hill

9:00 - 9:30 am
Welcome and Poster Awards
- Kristy Love, she/her
- Jerry Ballas, MD, MPH, he/him

Grumman Auditorium

9:30 - 10:30 am
The Importance of NICU Discharge Planning Guidelines & Standards
- Vincent C. Smith, MD, MPH, he/him

Grumman Auditorium

10:30 - 11:30 am
Pregnancy Criminalization in Post-Roe America
- Emma Roth, JD, she/her

Grumman Auditorium

11:30 am - 12:30 pm
Long Term Care for Medically-Complex Children: How to Advocate for and Support Paid Family Caregivers
- Erin Thatcher, she/her

Grumman Auditorium

12:30 - 1:00 pm
Closing Remarks - Call to Action

Grumman Auditorium

Thank you for joining us.

Remember
- Please complete and turn in all online evaluation forms.
- If you develop signs or symptoms of respiratory illness within 3 - 5 days of attending the conference, please notify the conference committee.
VISIT the conference website to find:
- sign-in forms for each day
- links to presentations and handouts
- speaker profiles and contact information
- poster presentations
- virtual exhibits
- information on virtual attendance
- our virtual Wellness Room
- links to conference evaluation forms
- online Help Desk

VISIT our Exhibitors

in the Atrium

- AngelEye Health
- AS Software
- Baby Boldly
- Infinant Health
- Mallinckrodt Pharmaceuticals
- Maternal Health Learning & Innovation Center
- Postpartum Support International (PSI)

- PPROM Foundation
- Prolacta Bioscience
- Sage Therapeutics
- Sobi
- Ultragenyx
- Your Birth Partners

npaconference.org
npaconference.org/2023exhibitors
We are grateful to our poster presenters for sharing their research. Please visit them in the Atrium every day and attend the podium presentations on Thursday afternoon from 1:30 - 3:35 pm.

Then take a moment to show your appreciation and share your insights. You may find a new partner and ally.

www.npaconference.org/2023posters

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the California Medical Association (CMA) through the joint providership of PAC/LAC and National Perinatal Association. PAC/LAC is accredited by the CMA to provide continuing medical education for physicians.

**MD** - PAC/LAC designates this live activity for a maximum of **15 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**RN** - PAC/LAC is an approved provider by the California Board of Registered Nursing. This course is approved for **18 contact hours**. PAC/LAC’s provider number is CEP 5862. Licensee must retain this certificate for a period of four years.

**LCSW + LMFT** - PAC/LAC is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LCSW and LMFT. PAC/LAC takes maintains responsibility for this program/course and its content. This course is approved for **15 LCSW and 15 LMFT continuing education units**. PAC/LAC’s provider number is 128542.

**CHES** - This activity is sponsored by PAC/LAC, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designed for Certified Health Education Specialists (CHES) to receive up to **15 total Category 1 continuing education contact hours**.
The generous contributions of NPA’s corporate members and community sponsors enable the National Perinatal Association to carry out innovative programs and initiatives and convene annual interdisciplinary conferences. LEARN MORE.

- NICU to Home - NICU Discharge Preparation and Transition Planning
- Best Milk: Optimal Infant Feeding (birth - 2 years)
Family Engagement Solutions

IMPROVE NICU OUTCOMES

AngelEye Health is proud to sponsor the Interdisciplinary Guidelines and Recommendations for NICU Discharge Preparation and Transition Planning. We are committed to furthering our services to support staff and families from NICU admission through the transition to life at home.

CameraSystem  MilkTracker  PatientConnect  OnlineEducation
Live-Stream Video  Feeding Management  Text, Photo, Video Messaging  Family Resources

angeleyehealth.com  info@angeleyehealth.com
we bring something rare to rare diseases

At Sobi, we’re dedicated to transforming the lives of people with rare diseases. This is why we specialise in rare diseases, in developing ground-breaking treatments, and in strong partnerships with patients and other stakeholders.

sobi.com

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Date of preparation: Month Year: NN XXX

www.sobi.com/en
We are grateful to our corporate member and partner Prolacta

Bioactivity Matters
for Immunity, Development, Growth, and the Long-Term Health of Premature Infants

Please visit prolacta.com for more information
Do you need a place to feed your baby or pump your milk? We have a quiet space to support your pumping and lactation needs. Ask us at the Welcome desk.

Need accommodations? See Kristy Love at our Help Desk.

The Friday Conference Center offers complimentary parking in the semi-circle guest lot located across from the main entrance at the South end of the facility. Permits are required and must be displayed on the dashboard. See the Help Desk.

There are two gender-neutral bathrooms located on the second floor for trans, nonbinary, and genderqueer students, staff, faculty, and guests.

Do you need a place to feed your baby or pump your milk? We have a quiet space to support your pumping and lactation needs. Ask us at the Welcome desk.