Pansay Tayo, Mother & Doula

...Just handle us as if we’re a whole being. Our spirit, our mind, and our heart is connected to the physical body that’s doing the work of bringing forth life.

Jen Atkisson, Nurse & Expert Witness

[Going into TIBN] I knew I wanted to be crafting my practice to be trauma-informed but I really didn’t know what that would look like. This course has been showing me the full dimensionality of what trauma looks like in our specialty. This is useful in connecting with patients and to keep from being complicit in causing harm to the patients who place their trust in us to keep them safe.

~K.R., TIBN Student

Me? Am I the Trauma?
Shifting Perinatal Nursing Culture to a New Standard of Advocacy

Each Trauma-Informed Birth Nurse (TIBN) Foundations' module is anchored by a parent sharing their lived experiences:

[Pre-course surveys identified 42% of TIBN students with secondary trauma stress, consistent with recent research.

Nurses are supported through several group processing calls with a trauma therapist.

Trauma-Informed Care is one element of organizational change that prioritizes the individual as the leader of their own health, and recognizes how person-centered care shifts unhealthy power dynamics to mitigate the potential for trauma found in each care interaction.

What is the foundation of YOUR practice? Is it trauma-informed? Would those in your care agree?