

Me? Am I the Trauma? Shifting Perinatal Nursing Culture to a New Standard of Advocacy

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Trauma-Informed
Birth Nurse



More Info!

Each Trauma-Informed Birth Nurse (TIBN) Foundations' module is *anchored by a parent sharing their lived experiences*:

...Just handle us as if we're a whole being.
Our spirit, our mind, and our heart is connected to the physical body that's doing the work of bringing forth life.



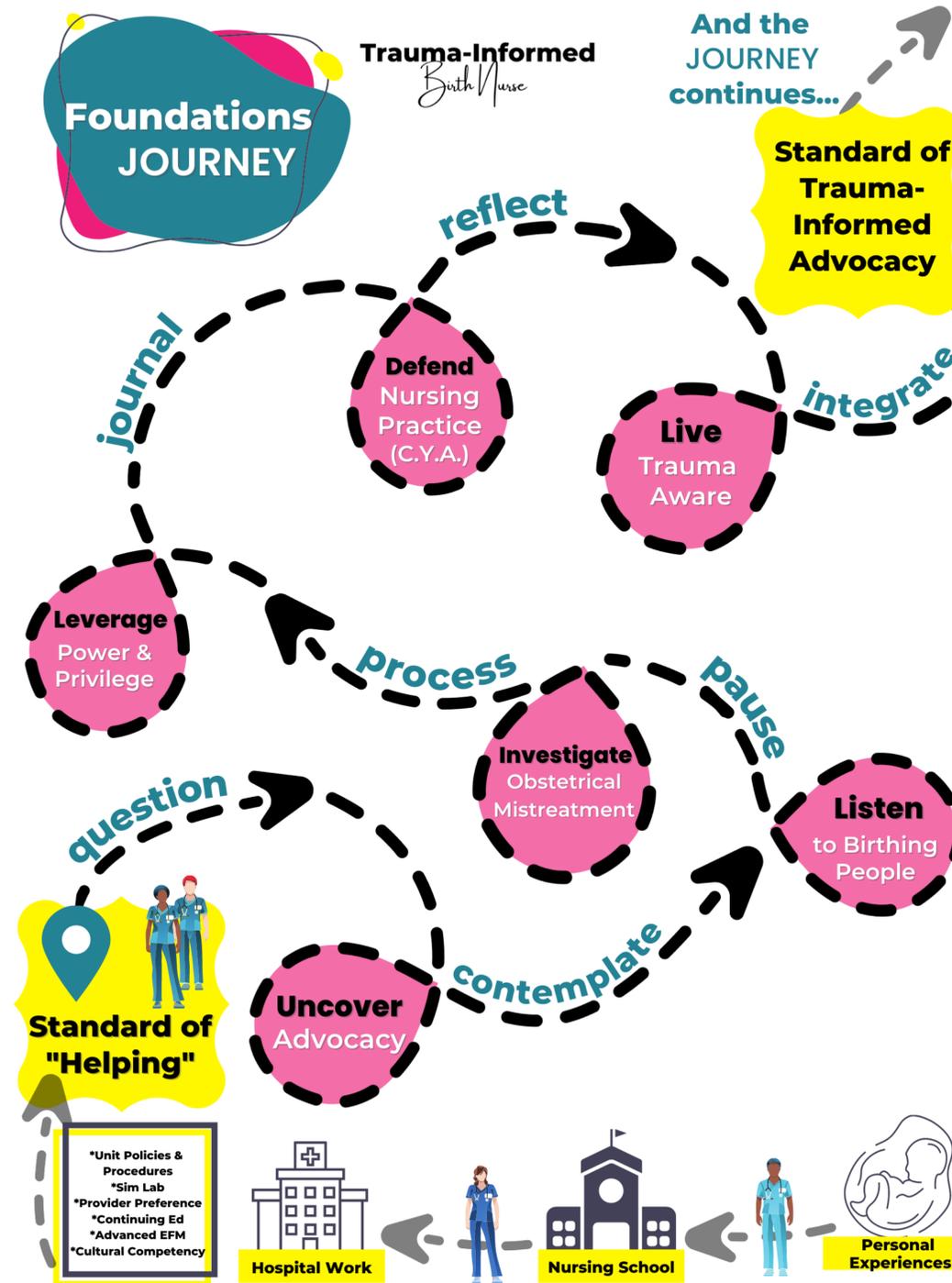
Pansay Tayo,
Mother & Doula

[Going into TIBN] I knew I wanted to be crafting my practice to be trauma-informed but I really didn't know what that would look like. This course has been showing me the full dimensionality of what trauma looks like in our specialty. This is useful in connecting with patients and to keep from being complicit in causing harm to the patients who place their trust in us to keep them safe.

~K.R., TIBN Student

We need to completely un-center our fear because the patient is the one carrying all the risk.

Jen Atkisson,
Nurse & Expert Witness



What is the foundation of YOUR practice?
Is it trauma-informed?
Would those in your care agree?

Trauma-Informed Care

is one element of organizational change that prioritizes the individual as the leader of their own health, and recognizes how person-centered care shifts unhealthy power dynamics to mitigate the potential for trauma found in each care interaction.



You can't extract the birthing person from the equation when it comes to health. What impacts the birthing person impacts the baby.

Cristen Pascucci,
Advocate & Educator

Pre-course surveys identified **42% of TIBN students** with secondary trauma stress, consistent with recent research¹.

Nurses are supported through several group processing calls with a trauma therapist.

¹Nicholls, E.M., Hermann, R.M., Girordano, N.A., & Trotta, R.L. (2021). SECONDARY TRAUMATIC STRESS AMONG LABOR AND DELIVERY NURSES.