



Perinatal Referrals & Resources

We envision a future where every pregnant person is encircled with the individual support they need. We believe in the power of collaborative care & community connections.

Education & Support

Birth Advocacy Resources

Childbirth Education

Doula/Birthworker

Photographer

Postpartum Doula/Birthworker

Postpartum Support Group

Pregnancy Support Group

Sibling Doula

Care Providers

Birthing Facilities

Midwives

OB-GYNs /Physicians

Mind & Body Wellness

Acupuncturist

*Chiropractor (*Webster-certified)*

Craniosacral Therapist

Massage Therapist

Mental Health Therapist

Pelvic Floor Physical Therapist

Placenta Encapsulator

Yoga Instructor



Who are
YOUR
Birth
Partners?

Parenting Partners

IBCLC, Lactation Consultant

Parenting Coach

Parenting Support Group

Pediatrician

Sleep Coach

Other Resources

Case Manager/Social Worker

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