



Leah Sodowick, BA

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Reducing Barriers to Perinatal Mental Health Care through Telehealth

Leah Sodowick is a second-year student in the Clinical Psychology PhD program at Drexel University.

She received her BA in Psychology from Barnard College, Columbia University in 2016 and was the Staff Research Associate at the University of California, San Francisco's Child Trauma Research Program from 2016-2018.

From 2018-2020, Leah served as a supervisor on the TALK Line, a 24/7 parental stress and support line that serves San Francisco Bay Area families.

She is also a Certified Postpartum Doula.

Leah's research examines secondary traumatic stress, burnout, and coping strategies in NICU medical providers.

She is currently completing practicum rotations at the Drexel Psychological Services Center and Mother Baby Connections.

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