

2 Continuing Education Units

What to Know & How to Screen for Perinatal Mental Health

This one-hour course, plus additional readings, defines perinatal mental health for medical providers serving women and birthing people of childbearing age and young children. Instructors including Gabrielle Kaufman, MA, LPCC, BC-DMT, NCC, PMH-C, Diana Lynn Barnes, PsyD, LMFT, Emily Dossett, MD, MTS, and Chevonne Ford, MSW, review prevalence rates, signs and symptoms, impact, differential diagnoses, and screening tools including the PHQ9 and EPDS. The course models sensitive communication during screening by including demonstrations of screenings taking place in both clinical and outpatient settings. Suicide screening questions and risk assessment, warm referrals and treatment plans are also discussed.

AUDIENCE

This course is for healthcare professionals working with families in the perinatal period. This includes mental health professionals, nurses, physicians and midwives, doulas and birth workers, lactation consultants, health educators and more.

Following completion of this course, participants will be able to:

- ✓ Name 2 reasons why screening for PMADs is important;
- ✓ Name 2 tools for screening and describe their essential differences;
- ✓ Effectively utilize at least one screening tool for perinatal mood and anxiety disorders;
- ✓ Describe advantages and challenges in the screening process.

Cost: \$45

For more information and to register visit www.maternalmentalhealthnow.org

Continuing Education:
CE's provided by



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This course meets criteria for 2 continuing education credits for LMFTs, LPCCs, LCSWs, LEPs, and psychologists through the Board of Behavioral Sciences (BBS) in the state of CA. If you hold a license not listed here or are licensed outside of the state of California, please check with your licensing board directly to confirm that these CE credits will be accepted. We are unable to assist in verifying if CE credits will be approved for your license type/state outside of California.