

2 Continuing Education Credits

My Baby Would Be Better Off Without Me

Suicide & Perinatal Mental Health

Suicide is a leading cause of death during the perinatal period. Gabrielle Kaufman, MA, LPCC, BC-DMT, NCC, PMH-C, discusses statistics, risk factors, warning signs, screening tools, risk assessment, safety plans and other tools and resources to address suicide before and after childbirth. Despite many healthcare professionals discomfort with talking about suicide, understanding the importance of directly addressing this issue is essential in suicide prevention. The course includes personal accounts and case studies of suicidal ideation and suicide.

AUDIENCE

This course is for healthcare professionals working with families in the perinatal period. This includes mental health professionals, nurses, physicians and midwives, doulas and birth workers, lactation consultants, health educators and more.

Following completion of this course, participants will be able to:

- ✓ Identify how feelings of suicide impact the birthing person in the perinatal period;
- ✓ Name risk factors and protective factors in relation to suicidality in the perinatal period;
- ✓ Describe the CS-RRS (Columbia Suicide Severity Rating Scale) and other suicide screening tools and discuss ways they may be implemented.

Cost: \$45

For more information and to register visit www.maternalmentalhealthnow.org

Continuing Education:
CE's provided by



Community Partners FBO Maternal Mental Health NOW is approved by the American Psychological Association to sponsor continuing education for psychologists. Community Partners FBO Maternal Mental Health NOW maintains responsibility for this program and its content.

This course meets criteria for 2 continuing education credits for LMFTs, LPCCs, LCSWs, LEPs, and psychologists through the Board of Behavioral Sciences (BBS) in the state of CA. If you hold a license not listed here or are licensed outside of the state of California, please check with your licensing board directly to confirm that these CE credits will be accepted. We are unable to assist in verifying if CE credits will be approved for your license type/state outside of California.